

This book captures the true essence of Len Bias' legacy. It taught our youth an invaluable lesson: using drugs can kill you."

Len Elmore, 1974 Maryland All-America, ESPN basketball broadcaster

written by former Terps athlete Dave Ungrady

Part of the



Teaching Youth Life Lessons

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Read About the Rich Legacy of Len Bias

"I'm surprised the Len Bias story is not being told to athletes in college, or high school. It's one of the better stories you can use to get an individual to do the right thing."

Dave Dickerson - Bias teammate & current Ohio State asst.

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From Kirkus Reviews

"Ungrady's dogged research, including new interviews and mining previously produced materials, has yielded a well-rounded portrait of Bias and those who are trying to make sense of his death. A cautionary sports tale that shows how one life unexpectedly ended can affect so many others."

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